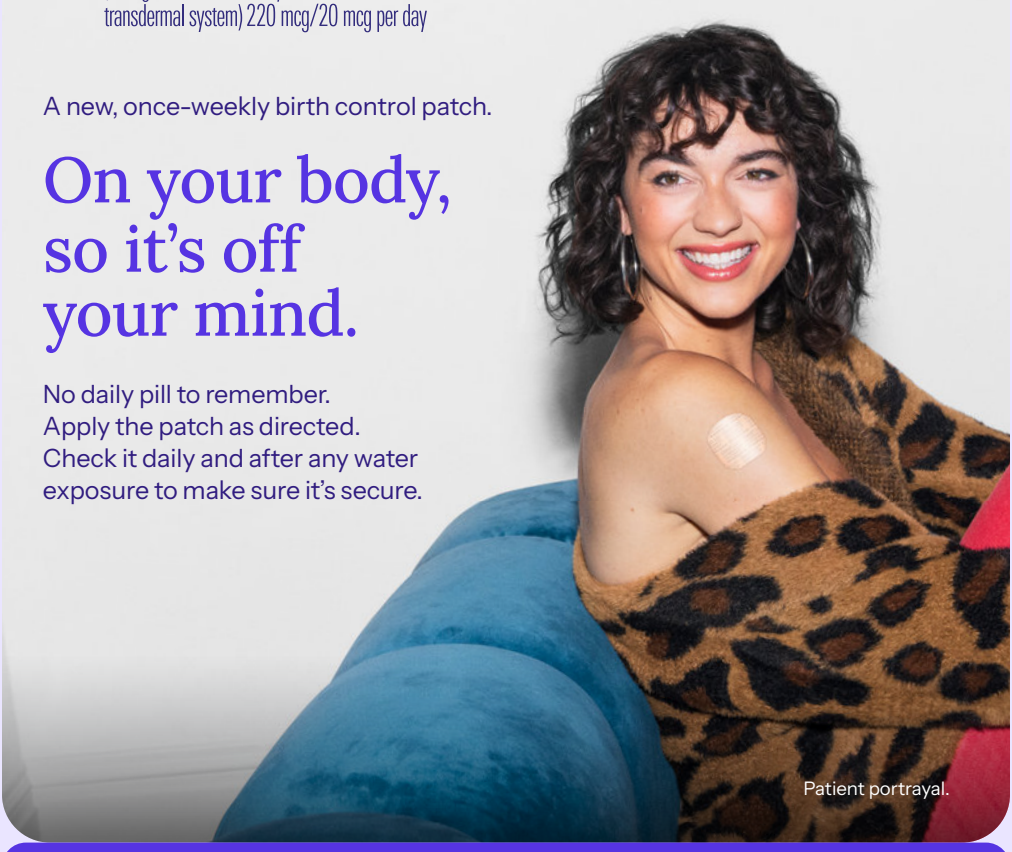
Gwyn Lo™
(norelgestromin and ethinyl estradiol transdermal system) 220 mcg/20 mcg per day

A new, once-weekly birth control patch.

On your body, so it's off your mind.

No daily pill to remember.
Apply the patch as directed.
Check it daily and after any water exposure to make sure it's secure.



Patient portrayal.

Talk to your doctor to see if Gwyn Lo is right for you.

Gwyn Lo is a birth control patch for women with a BMI less than 30 kg/m² who can become pregnant. It contains two female hormones, a progestin called norelgestromin, and an estrogen called ethinyl estradiol.

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about Gwyn Lo?

- **Do not use Gwyn Lo if you smoke cigarettes and are over 35 years old. Smoking increases your risk of serious cardiovascular side effects from combination hormonal contraceptives (CHCs), including death from heart attack, blood clots, or stroke. This risk increases with age and the number of cigarettes you smoke.**
- **Do not use Gwyn Lo if your Body Mass Index (BMI) is 30 kg/m² or more. Women with a BMI of 30 kg/m² or more who use Gwyn Lo may be at a higher risk of developing blood clots compared to women with a BMI lower than 30 kg/m².**

Please see additional Important Safety Information throughout.

Birth control that goes on your skin.

- No medical procedure
- No insertion
- No daily pill



Patient portrayal.

Meet Gwyn Lo.

One patch. All week.

Change it once a week on the same day. After every 3 weeks, you have a patch-free week.

Check it once daily.

Also check after water exposure to make sure all edges are sticking correctly (so it works right).

Low-dose estrogen.

Gwyn Lo delivers 20 mcg of estrogen per day.

See pages 8-9 for information on how to use Gwyn Lo.
For more details, ask your doctor or go to GwynLo.com/howto

Gwyn Lo is a birth control patch for women with a BMI less than 30 kg/m² who can become pregnant.

BMI=body mass index.

IMPORTANT SAFETY INFORMATION (cont'd)
Do not use Gwyn Lo if you:
- smoke and are over 35 years old.
- have or have had blood clots in your arms, legs, eyes or lungs.
- have had a stroke.

Please see additional Important Safety Information throughout.

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Small, subtle, and wearable.

Slightly larger than a quarter.
Easily hide it under clothes, or not.

Wear it on your lower abdomen, upper arm, back, or butt—it's up to you.

Put your patch on clean, dry skin where it will not be rubbed by tight clothing. Do not apply the patch on your breasts, cut or irritated skin, or the same place as your last patch—but you can use the same body part.



Gwyn Lo is about 1.5 inches across.

Designed to stay on all week.

~99% of the 39,790 Gwyn Lo patches worn in a year-long study stayed on. 1.3% of patches fully detached over 7 days of wear.

Studied in real-life activities:

After 7 days of wear during activity and water exposure, **94%** of the 342 Gwyn Lo patches worn in 4 additional studies had three quarters or more of the patch still attached.

Treadmill | Sauna | Hot tub

Avoid contact with water for 30 minutes or longer as it can cause the patch to not stick, making Gwyn Lo less effective.

IMPORTANT SAFETY INFORMATION (cont'd)
Do not use Gwyn Lo if you (cont'd):
- have had a heart attack.
- have certain heart valve problems or heart rhythm problems that can cause blood clots to form in the heart.
- have a problem that makes your blood clot more than normal that you were born with (inherited) or that has happened for other reasons such as medicines, surgery or injuries (acquired).
- have high blood pressure that is not controlled.
- have diabetes with kidney, eye, nerve, or blood vessel damage.

Please see additional Important Safety Information throughout.

Low estrogen, delivered all week.

Intentionally low estrogen.

Gwyn Lo delivers 20 mcg of estrogen per day.

Made for consistent hormone delivery.

Gwyn Lo delivers estrogen and progestin through your skin over the course of the week when used as directed.

IMPORTANT SAFETY INFORMATION (cont'd)
Do not use Gwyn Lo if you (cont'd):
- have had certain kinds of severe migraine headaches with aura, numbness, weakness or changes in vision, or have any migraine headaches if you are over age 35.
- have a BMI of 30 kg/m^2 or more.
- have liver problems including liver tumors, hepatitis, cirrhosis, or liver disease.

Please see additional Important Safety Information throughout.

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Ready to talk about Gwyn Lo?

Use this conversation starter at your next appointment.

Patient portrayals.

IMPORTANT SAFETY INFORMATION (cont'd)
Do not use Gwyn Lo if you (cont'd):
- have unexplained vaginal bleeding.
- have or have had breast cancer or any cancer that is sensitive to female hormones.
- take any Hepatitis C drug combination-containing ombitasvir/paritaprevir/ritonavir and dasabuvir, with or without ribavirin, or with glecaprevir/pibrentasvir or sofosbuvir/velpatasvir/voxilaprevir. This may increase levels of the liver enzyme called alanine aminotransferase (ALT) in the blood.

Gwyn Lo may not be a good choice for you if you have ever had jaundice (yellowing of the skin or eyes).

Please see additional Important Safety Information throughout.

Put on your patch.

One week at a time.

Your Gwyn Lo routine.

Week 1	Week 2	Week 3	Week 4
Apply first patch.	Replace with new patch.	Replace with new patch.	Patch-free week.

Pick when to start

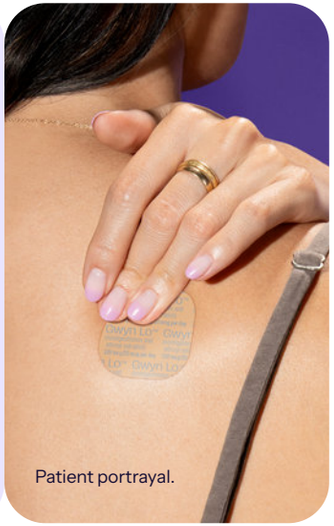
Apply Gwyn Lo during the first 24 hours of your menstrual period or on the first Sunday after your next menstrual period starts.

Check it

Check your patch daily and after any water exposure to make sure all edges are sticking correctly (so it works right).

Know when to use backup

Depending on when you start the Gwyn Lo patch, you may need nonhormonal backup birth control, like condoms, for the first 7 days. If your patch is off for more than 7 days in a row, you could become pregnant.



Patient portrayal.

IMPORTANT SAFETY INFORMATION (cont'd)
Before you use Gwyn Lo, tell your healthcare provider about all your medical conditions. Gwyn Lo does not protect against HIV infection (AIDS) and other sexually transmitted infections (STIs).

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Gwyn Lo may affect the way other medicines work, and other medicines may affect how well Gwyn Lo works.

Please see additional Important Safety Information throughout.

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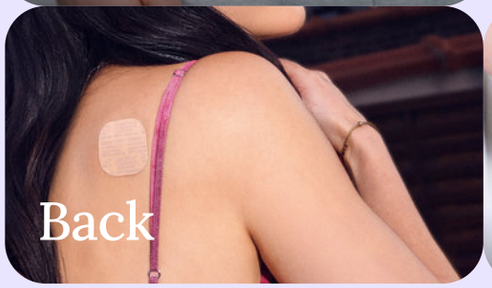
Pick a spot. You've got 4 options.

Apply the patch on your lower abdomen, upper arm, back, or butt—it's up to you.









Switch it up

Don't put your patch on the same place as your last one—but you can use the same body part.

Skip these spots

Avoid sticking the patch on the breasts, cut or irritated skin, or areas where tight clothing may rub.

For more details, see the Instructions for Use at GwynLo.com/howto

IMPORTANT SAFETY INFORMATION (cont'd)

- Some medicines and herbal products may make Gwyn Lo less effective or cause breakthrough bleeding. Use another birth control method (such as a condom and spermicide or diaphragm and spermicide) when you take medicines that may make Gwyn Lo less effective and for 28 days after stopping the medicine.
- Some medicines and grapefruit juice may increase your level of the hormone ethinyl estradiol if used together.

Please see additional Important Safety Information throughout.

Patch 101.

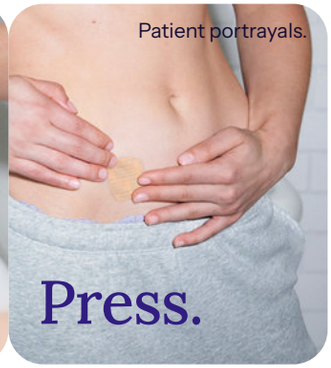
How to apply Gwyn Lo.



Pick a spot on your skin. Make sure it's clean and dry.



Take the patch out of its pouch. Peel off one half of the clear backing. Avoid touching the sticky side.



Place the sticky side on your skin and remove the other half of the clear backing. **Press firmly on the patch with the palm of your hand for 10 seconds. Use your fingers to smooth out the edges.**

Keep it clean

Apply the patch to clean, dry skin that has no powder, makeup, cream, oil, or lotion on it.

Don't mess with the patch

Don't cut or alter it. If it's not sticky, or it sticks to itself or something else, don't try to use it.

Do an edge check

The patch only works when it's fully stuck to your skin. Check it daily and after any water exposure (such as bathing or showering) to make sure all the edges are sticking correctly.

For more details, see the Instructions for Use at GwynLo.com/howto

IMPORTANT SAFETY INFORMATION (cont'd)

- Gwyn Lo may affect the way that lamotrigine, a medicine used to treat seizures, works and may increase the risk of seizures. Your healthcare provider may need to adjust the dose of lamotrigine while you are on Gwyn Lo.
- If you are scheduled for any laboratory tests, tell your healthcare provider that you are using Gwyn Lo. Certain blood tests may be affected by CHC methods.

Please see additional Important Safety Information throughout.

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Starting and switching.

Depending on whether you're starting Gwyn Lo as your first birth control or changing from another method, instructions may be different:

Not on birth control

Start on day* 1 of your period or the first Sunday after that.

Pill, another patch, ring, or shot

Start on day* 1 of your next monthly cycle.

IUD or implant

Start on the day* your IUD or implant is removed.

Use nonhormonal backup birth control (like condoms) for 7 days if you start any other day besides day 1 of your monthly cycle.

*Day=within 24 hours.
IUD=intrauterine device.

Have questions about Gwyn Lo?
We've got you covered.

See FAQs or talk to your doctor to see if Gwyn Lo is right for you.

IMPORTANT SAFETY INFORMATION (cont'd)

- Women on thyroid replacement therapy may need increased doses of thyroid replacement medicine or corticosteroid replacement medicine.

Ask your healthcare provider if you are not sure if you take any of the medicines listed above.

Please see additional Important Safety Information throughout.

Important Safety Information

What is the most important information I should know about Gwyn Lo?

- **Do not use Gwyn Lo if you smoke cigarettes and are over 35 years old. Smoking increases your risk of serious cardiovascular side effects from combination hormonal contraceptives (CHCs), including death from heart attack, blood clots, or stroke. This risk increases with age and the number of cigarettes you smoke.**
- **Do not use Gwyn Lo if your Body Mass Index (BMI) is 30 kg/m^2 or more. Women with a BMI of 30 kg/m^2 or more who use Gwyn Lo may be at a higher risk of developing blood clots compared to women with a BMI lower than 30 kg/m^2.**

Do not use Gwyn Lo if you:

- smoke and are over 35 years old.
- have or have had blood clots in your arms, legs, eyes or lungs.
- have had a stroke.
- have had a heart attack.
- have certain heart valve problems or heart rhythm problems that can cause blood clots to form in the heart.
- have a problem that makes your blood clot more than normal that you were born with (inherited) or that has happened for other reasons such as medicines, surgery or injuries (acquired).
- have high blood pressure that is not controlled.
- have diabetes with kidney, eye, nerve, or blood vessel damage.
- have had certain kinds of severe migraine headaches with aura, numbness, weakness or changes in vision, or have any migraine headaches if you are over age 35.
- have a BMI of 30 kg/m^2 or more.
- have liver problems including liver tumors, hepatitis, cirrhosis, or liver disease.
- have unexplained vaginal bleeding.
- have or have had breast cancer or any cancer that is sensitive to female hormones.
- take any Hepatitis C drug combination-containing ombitasvir/paritaprevir/ritonavir and dasabuvir, with or without ribavirin, or with glecaprevir/pibrentasvir or sofosbuvir/velpatasvir/voxilaprevir. This may increase levels of the liver enzyme called alanine aminotransferase (ALT) in the blood.

Gwyn Lo may not be a good choice for you if you have ever had jaundice (yellowing of the skin or eyes).

Before you use Gwyn Lo, tell your healthcare provider about all your medical conditions. Gwyn Lo does not protect against HIV infection (AIDS) and other sexually transmitted infections (STIs).

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Gwyn Lo may affect the way other medicines work, and other medicines may affect how well Gwyn Lo works.

- Some medicines and herbal products may make Gwyn Lo less effective or cause breakthrough bleeding. Use another birth control method (such as a condom and spermicide or diaphragm and spermicide) when you take medicines that may make Gwyn Lo less effective and for 28 days after stopping the medicine.
- Some medicines and grapefruit juice may increase your level of the hormone ethinyl estradiol if used together.
- Gwyn Lo may affect the way that lamotrigine, a medicine used to treat seizures, works and may increase the risk of seizures. Your healthcare provider may need to adjust the dose of lamotrigine while you are on Gwyn Lo.
- If you are scheduled for any laboratory tests, tell your healthcare provider that you are using Gwyn Lo. Certain blood tests may be affected by CHC methods.
- Women on thyroid replacement therapy may need increased doses of thyroid replacement medicine or corticosteroid replacement medicine.

Ask your healthcare provider if you are not sure if you take any of the medicines listed above.

What should I avoid while taking Gwyn Lo?

- Smoking
- The following can cause the patch to not stick the right way making Gwyn Lo less effective:
  - Avoid using makeup, creams, lotions, oils, powders or any other products on the skin area where you put or plan to put the patch.
  - Contact with water for long periods of time (30 minutes or more). Talk with your healthcare provider about the best method of birth control if you are a swimmer or you often come in contact with water for 30 minutes or more.
- Women who tend to get chloasma should avoid spending a long time in sunlight, tanning booths, and under sun lamps while using Gwyn Lo. Use sunscreen if you have to be in the sunlight.

What are the possible side effects of Gwyn Lo?

Gwyn Lo may cause serious side effects, including:

- **blood clots. It is possible to die or be permanently disabled from a problem caused by a blood clot, such as a heart attack or a stroke. Call your healthcare provider right away if you have:**
  - leg pain that will not go away
  - sudden shortness of breath
  - sudden changes to your vision or blindness
  - severe pain or pressure in your chest
  - sudden, severe headache unlike your usual headaches
  - weakness or numbness in an arm or leg
  - trouble speaking
- **liver problems, including liver tumors.** Stop using Gwyn Lo and tell your healthcare provider right away if you have yellowing of your skin or eyes (jaundice).
- **high blood pressure.**
- **gallbladder problems or worsening of a gallbladder problem you already have.**
- **headaches.** Tell your healthcare provider if you have new headaches that keep coming back, that do not go away or are severe. Also tell your healthcare provider if your migraine headaches happen more often or are more severe than normal.
- **irregular or unusual vaginal bleeding and spotting between your menstrual periods or absence of menstrual periods (amenorrhea).** Tell your healthcare provider if you miss 2 or more menstrual cycles.
- **depression.**
- **swelling of your skin especially around your mouth, eyes, and in your throat (angioedema).** Call your healthcare provider or get emergency medical care right away if you have a swollen face, lips, mouth, tongue or throat as this may lead to difficulty swallowing or breathing.
- **dark patches of skin on your forehead, cheeks, upper lip, and chin (chloasma).**

The most common side effects of Gwyn Lo include skin irritation, redness, itching or rash at the patch application site, bleeding between periods and heavy periods, and nausea.

Tell your healthcare provider about any side effect that bothers you or that does not go away.

These are not all the possible side effects of Gwyn Lo. **Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.**

Real talk: How Gwyn Lo was studied.



Patient portrayal.

Proven pregnancy prevention

In a study of Gwyn Lo with 983 women, 4 out of 100 women got pregnant within a year of using Gwyn Lo. **That means**

96%

of women avoided pregnancy when using Gwyn Lo as directed.

Side effects

The safety of Gwyn Lo was studied in over 1200 women.

Gwyn Lo may cause serious side effects, including blood clots.

Like pregnancy, hormonal birth control may increase the risk of serious blood clots, especially in women who have other risk factors such as smoking, high blood pressure, high levels of fat in the blood, diabetes, obesity, a family history of blood clots, or are older than 35 years old. This increased risk is highest when you first start using hormonal birth control and when you restart the same or different hormonal birth control after not using it for a month or more.
Some studies have reported that women who use norelgestromin and ethinyl estradiol transdermal system have a higher risk of getting a blood clot.
Talk with your healthcare provider about your risk of getting a blood clot before using Gwyn Lo or deciding which type of birth control is right for you.

The most common side effects of Gwyn Lo include:

- Skin irritation, redness, itching, or rash at the patch application site
- Bleeding between periods and heavy periods
- Nausea

How many women stopped Gwyn Lo due to side effects during the study?

- Overall, 7.2% of women stopped using Gwyn Lo because of side effects
- 1.6% of women stopped Gwyn Lo due to irregular or unusual bleeding/spotting
- The most common individual reason for stopping Gwyn Lo was skin irritation (1.2%)
  - Less than 1% of women had severe skin reactions where their patch was placed
- Overall, 0.9% of women stopped Gwyn Lo due to mental health conditions
  - Mental health conditions included depression, anxiety, suicidal ideation, altered mood, depressed mood, and irritability
- 0.2% of women stopped Gwyn Lo due to weight gain

These are not all the possible side effects of Gwyn Lo.
See the Patient Information for more.

Call your doctor for medical advice about side effects.

You may report side effects to the FDA at 1-800-FDA-1088.

Please see additional Important Safety Information throughout.

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Sign up for the Savings Program.

Find out how to get Gwyn Lo and see if you're eligible for savings.*

Savings Card

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Eligible patients may pay as little as
$0
for Gwyn Lo*

Apply to get your Savings Card.

Want more information? **Visit GwynLo.com/savings-card**

Terms and conditions apply. See below.

*Eligibility requirements apply. This program is not valid for prescriptions that are reimbursed, in whole or in part, by any Federal Healthcare Program (including Medicare, Medicaid, TRICARE, or any other state or federal medical pharmaceutical benefit program or pharmaceutical assistance program). See the full Terms and Conditions at GwynLo.com/terms-and-conditions.

Gwyn Lo is a birth control patch for women with a BMI less than 30 kg/m² who can become pregnant. It contains two female hormones, a progestin called norelgestromin, and an estrogen called ethinyl estradiol.

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Please see additional Important Safety Information throughout.
Please see Full Prescribing Information, including Boxed WARNING, Patient Information, and Instructions for Use.

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